

# The Sourdough

S E N T I N E L

April 29, 2005

Elmendorf Air Force Base, Alaska

Vol. 56, No. 17

*Keepin' safe,  
keepin' clean*

*Arctic Warriors  
patrol airfield  
during FOD walk*

*--Pages 12-13*



# Hospital undergoes system changes, answers questions

There have been some questions lately about the new computer system being installed at the hospital and how that is going to affect patient care. In response, Col. Kerry Dexter, 3rd Medical Group deputy commander addressed some of the more common questions for the *Sourdough Sentinel*.

**Q:** As a result of changes being made in the hospital, we’ve heard there will be fewer appointments available to servicemembers and their families in the near future. How many fewer appointments do you anticipate?

**A:** Appointments are drastically decreased when the individual

physician attends training. There are 75 percent fewer appointments the first week following the training. The appointments gradually increase for seven weeks until the physician is back to a normal schedule. Training started April 18. We can expect productivity to decrease for a period of time while users learn the new system, then return to previous levels, if not better, depending on the skill of the user. Various studies on the introduction of this type of medical technology indicate it may take one to six months to become fully proficient with this new system.

**Q:** Is there any single area of the hospital that will see a greater loss of appointments than another? If so,

which area(s) and why?

**A:** The training for the computerized patient record is occurring throughout the entire facility and appointment availability is decreased equally in all clinics.

**Q:** Why is this decrease happening?

**A:** All Department of Defense medical facilities will be installing the computer-based patient record to address the 1999 presidential and congressional tasking for automated health tracking. The complexity of the system requires extensive training for all users which in turn affects appointment availability.

**Q:** What will this new computer system mean for your patients?

**A:** The new system provides a Windows-based Computerized Patient Record capturing the entire spectrum of care, from appointment to test results, in one system. A patient’s medical information will be available for viewing whenever and wherever needed to support medical readiness and quality healthcare. This will provide a seamless, merged, enterprise-wide repository of health data that will facilitate the worldwide delivery of healthcare, assist clinicians in making healthcare decisions, and support leaders in making operational and resource allocation decisions.



Brig. Gen. Michael Snodgrass  
3rd Wing Commander

Do you have a problem you can't seem to get solved? Would you like to recognize someone for a job well done?

The commander's action line is your avenue to communicate your questions, comments and concerns directly to the commander, Brig. Gen. Michael Snodgrass. Your calls will get the commander's personal attention and be answered in a timely manner.

If you have a question, call or e-mail the action line at:

**552-2224**  
**actionline@elmendorf.af.mil**

The following commanders stand ready to help you and can answer the majority of your questions. If they can't help, then please call the Action Line.

**Key phone numbers:**

Col. Christopher Thelen, 3rd CES/CC  
552-3007  
Lt. Col. David Aupperle, 3rd SVS/CC  
552-2468  
Lt. Col. Robert Garza, 3rd SFS/CC  
552-4304

## Hiring procedures cause concern for some

**Q:** Sir, I recently discovered that there are several convicted sex offenders employed by Elmendorf, a number of whom are felons convicted of sexual assault.

To make matters worse, some of these individuals are employed in customer service positions (commissary, post office, Inuit Services) where they would or could interact easily with dependent spouses and children.

This causes me great concern for the welfare of my family, as I'm currently deployed and not able to provide immediate protection/supervision to my family members on base.

Is employment of convicted sex offenders permitted on base, or was this an oversight by the personnel employment office on base?

Please respond, at your convenience; and have an outstanding day.

**A:** Thank you for serving, and I know that when you are deployed, these issues take on an additional significance. I also recently obtained the same information and was curious as to the procedures we

use when hiring people with felony conviction records.

What I learned is that it is possible for those with felonies (including sexual offenses) to become employees of the federal government or the Department of the Air Force.

There is also a process to screen these people prior to their employment. In these cases, there was no error by our Civilian Personnel Flight in pre-employment screening of employees.

How it works: Candidates tentatively selected for employment are screened for suitability primarily during the pre-employment phase.

Tentatively selected and new federal employees must reveal and certify the accuracy of certain background information for both suitability and security investigation purposes.

Providing this information is a condition of employment. If a tentatively selected candidate fails or refuses to provide required information, job offers will be withdrawn or the employee can be removed.

Suitability also looks at the position the candidate is applying to fill. For example, for child care posi-

tions, a candidate's prior history of sexual offenses would make them unsuitable for the job.

After that phase, suitability issues may arise after employment during the Office of Personnel Management (OPM) investigation process.

If so, we will take action to ensure the suitability rules are followed.

Federal Law for hiring is based on a merit system "which is determined solely on the basis of relative ability, knowledge, and skills after fair and open competition which assures that all receive equal opportunity."

That is, all candidates have a right to apply and management should select the best qualified candidate from those referred.

Our Non-Appropriated Funds hiring practices and the language in our base contracts follow the same general principles.

People with criminal records can apply and may be hired, but we will screen them for suitability in a particular area based on the rules we are given to follow by the federal government.




**Airman 1st Class Donnell Coleman**, 962nd Airborne Air Control Squadron, D-Fight, led the efforts of 14 Airmen during the squadron's clean-up in preparation for a visit by Admiral Timothy Keating, NORAD commander. He organized eight D-Flight Airmen into a cohesive team, relocating files, equipment, and furniture to the new Resource Advisor's office in a day. Additionally, he manned two static displays in one week, showcasing the squadron's unique airframe.

**Senior Airman Mark Beard**, 3rd Component Maintenance Squadron, Avionics Flight, displayed technical skill while troubleshooting and repairing the F-15 Electronic Systems Test Set, a piece of equipment used to test 34 aircraft avionics assemblies.

When diagnostics software failed to identify the malfunction, he used test-interface schematics to isolate and replace a faulty circuit card. His efforts brought ESTS back to full use, allowing repair of an aircraft display unit.

■ This week's commander's shadow is **2nd Lt. Kyle Gebhardt**, 3rd Civil Engineer Squadron



# The Sourdough

SENTINEL

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**Best in Air Force**  
**1999, 2000 & 2001**  
**Best in PACAF**  
**1998, 1999, 2000 & 2001**  
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**Staff Sgt. Sue Nuckolls**  
Photographer

## 3rd Wing Moment in History

**April 27, 1928:**



The 3rd Attack Group deployed 21 Curtis A-3B Falcon ground attack aircraft and six Douglas C-1 Transports from Fort Crockett, Texas, to Langley Field, Va, to participate in maneuvers.





PHOTOS BY AIRMAN 1ST CLASS GARRETT HOTHAN

## Weekend game plan?

**Above:** Chief Master Sergeant Thomas Kirksey, 3rd Communications Squadron, pulls a vehicle over at the Government Hill gate and speaks with an Airman prior to leaving base April 22. Random cars were pulled over for a DUI Watch/Enforcement and the occupants were asked if they had a solid plan to ensure a safe evening.

**Right:** Chief Master Sergeant Robert Tappana, 3rd Wing command chief, speaks with a motorist leaving through the Government Hill gate in an effort to help curb the number of DUIs April 22.



# Preparations begin for upcoming UCI

*Last year's success with PACAF ORI acts as springboard for unit compliance inspection*

**By Senior Master Sgt.**

**Eric Stenerson**

*3rd Wing Compliance Inspection Team*

The 3rd Wing very successfully showed its ability to perform its wartime mission last year during the Pacific Air Forces Operational Readiness Inspection. It is now time to set sights on the wing's next major test, the 2006 PACAF Unit Compliance Inspection, scheduled for Jan. 30, 2006.

The wing prepared for the ORI by testing its abilities through several POLAR FORCE exercises, honing its skills and improving the way it fights

and wins a war.

How to prepare for the UCI?

First, members must fully understand what a UCI is. The objective is to assess fundamental compliance and unit mission performance activities that are required by law and governing directives, to include U.S. Federal and host-nation laws, regulatory policies, Department of Defense, Air Force, and PACAF directives and instructions, and execution of policies.

The PACAF Inspector General will assess unit compliance in these areas through the use of published mission performance checklists.

It is important to emphasize that MPCs are the starting point for conducting a UCI, however, the unit is responsible for compliance with all applicable laws, regulations, instructions, Air Force and command guidance, and policies, regardless of whether they are included in MPCs or not.

The UCI will also assess a Full Spectrum Threat Response exercise, Force Protection exercises, and applicable Air Force and PACAF Special Interest Items.

How does the wing prepare for a UCI? If a unit and servicemembers have already been performing all of their duties and responsibilities according to regulations, they are well on the road to a successful UCI.

Over the next 10 months the wing will evaluate its preparedness through self-inspections, Staff Assistance Visits and FSTRs. If they haven't already been appointed, Group and Squadron points of contact will be appointed to oversee all aspects of these preparations.

In the coming months there will be more articles on various aspects of the UCI and how to successfully prepare.

There will also be a webpage on TOPCOVER to provide all the tools necessary to not only meet the minimum requirements but to exceed the standard and show why the 3rd Wing is the best in PACAF.



# Base Legal office helps deploying Soldiers

**By Tech. Sgt. Theo McNamara**  
3rd Wing Public Affairs

With all but one of Fort Richardson’s legal office attorneys deployed to various locations around the world, and nearly 180 Soldiers in need of legal assistance, the Army called on their neighbors here at the 3rd Wing Legal office to help ensure every Soldier was ready for the fight.

“We’ve done ‘Will Surge Days’ in the past, so it didn’t take us a lot of time to spin this up but I don’t think any of us could have anticipated the success we’d have,” said Master Sgt. Christopher Brown, 3rd Wing Legal office noncommissioned officer in charge of operations and readiness. “It took every person in our office and the help of Fort Richardson’s lone attorney to turn out in one day what would normally be expected to take a couple of weeks.”

The busses started arriving just before 8 a.m. April 21, and the 179th client had their paperwork notarized at 4:45 p.m.

“By the end of the day, our team had provided 164 wills and more than 440 other documents such as living wills, advanced medical directives and powers of attorney,” said Sergeant Brown.

Captain Darrin Johns, 3rd Wing Legal chief of operations and readiness law said, “It was a superb effort

by all involved, and it saved the troops more than \$60,000 they would have had to pay a private attorney downtown for these services.”

“I think the most significant thing in the success of this accomplishment was the cooperation and feeling of pride throughout the office,” said Sergeant Brown. “There was an incredible amount of work to accomplish in a very limited amount of time and that meant that every available person here had to put their other projects on hold to make this happen. We even called in a reserve attorney assigned to our office to help handle the load”

For 90 percent of the Soldiers who visited with the legal team that day, it was their first time to complete a will, and for many, it was the first time they’d even thought about it.

Army Pfc. Bill Penicook, a 20-year-old from a small Oregon farming community, was one of the Soldiers considering the possible outcomes of battle and contemplating his final wishes.

“I like that we’re here in a relaxed environment, able to think and contemplate what our final wishes are. I’ve never done this before. Well, I’ve never really even thought about it; this is something I can’t just rush through,” he explained. “I’ve already been in and talked with the lawyer, but after I walked out, I realized I had overlooked a friend and I want to go



TECH. SGT. THEO MCNAMARA

**Staff Sgt. April Coleman, 3rd Wing Legal office, provides legal assistance to Army Cpl. Daniel Davila, a Fort Richardson Soldier who is scheduled to deploy.**

back in to make sure no one important feels left out if something bad happens to me.”

The realities of war are very personal said the private. In his community’s recent history, he’s one of four people to serve—two of the four have already fallen victim to

enemy hostilities.

“The important thing for people to remember is that you need time to think these things through. I wouldn’t want to have to rush the decisions I made today; my friends and family are far more important to me than that,” said Private Penicook.

# Drug use, AWOL leads to court martial

Compiled from staff reports

An Airman Basic from the 3rd Equipment Maintenance Squadron was sentenced by General Court-Martial on April 9 to 15 months confinement and a bad conduct discharge. Airman Basic Thomas Larkin was convicted of one violation of being absent without leave and four violations of wrongful use of a controlled substance.

“Airman Larkin made several choices and now has to live with the consequences,” said Capt. Matt Hill, 3rd Wing Staff Judge Advocate office. “His first mistake was to sleep-in, thereby missing required training and being late for duty on several different days. This initial misconduct led to several letters of reprimand. Then came a first-time use of mushrooms, which led to an Article 15 and reduction to E-1.”

Airman Larkin then went AWOL for several weeks, until he was apprehended by OSI agents. During this time, Airman Larkin used drugs and

later tested positive for marijuana, methamphetamines and ecstasy. At trial, he pled guilty to one count of AWOL terminated by apprehension and four separate counts of drug use. The prosecutor argued that Airman Larkin deserved confinement and a bad conduct discharge. Before being sentenced, Airman Larkin stated, “I used drugs for the first time as an attempt to self-medicate my anxiety. I now realize I cannot medicate myself and I will always need a doctor to prescribe my medications.”

“This statement holds a valuable lesson for us all,” Captain Hill said. “If you believe you need help, see a physician. These trained professionals are here to correctly diagnose and help you. Running away and turning to drugs is not the answer. Do not allow yourself to travel down a similar slippery slope of bad decisions. Seek help now, and stop the cycle of bad decisions before the consequences creep up on you. Federal convictions and a bad conduct discharge can destroy your future.”

## Money Matters

By Tech. Sgt. Scott Armstrong  
3rd Comptroller Squadron

Those taking Emergency Leave are required to file a manual travel voucher with Finance Customer Service within five days of returning from emergency leave. This will be a “no pay due” voucher since there is no monetary entitlement for emergency leave. However, this voucher is required in order to be able to close the open travel order used to fund airline tickets and correct the

Wing’s accounting records. If no manual voucher is filed with the Finance Office within 30 days, a debt will be established on a servicemember’s military pay record in the amount of the airfare received from Transportation Management Office. In Place Continuous Overseas Tour and Continuous Oversease Tour vouchers are the same as Emergency Leave except the member gets paid. Members are entitled to per diem for everyone who travels on IPCOT or COT orders for all authorized travel days.

# Elmendorf to celebrate Spouse Appreciation Day

By Ms. Sheila Braeutigam  
Family Support Center

The Air Force is taking time to thank those behind the scenes -- the patient and understanding military spouses. Needless to say, military spouses are very special and unique. All of us should understand the contributions and sacrifices they make. The endless support, selflessness, and loyalty are worthy of our nation’s appreciation.

On May 6, and throughout the year, let us take time and express our appreciation to these wonderful individuals. They provide stability, enhance and enrich our lives, and those of our families, and indeed our military.

Our husbands and wives deserve our sincerest recognition and appreciation for their strength, unity, patriotism and support. Loved ones across the country have been separated, as service members have been mobilized and deployed in support of the Global War on Terrorism.

Through dedication and care they meet the challenges of job, family, and home while their loved one is absent.

Military spouses should continue to stand tall and proud. We salute you as our unsung heroes and ambassadors because you also represent our country.



PHOTOS BY STAFF SGT. SUE NUCKOLLS

Senior Airman Dana Contreras

**Duty title:** 381st Intelligence Squadron operations training specialist  
**Hometown:** Two Rivers, Wis.  
**Hobbies:** Reading, cross-stitching and crafts  
**How she contributes to the mission:** Manages newcomer’s inprocessing for all unit personnel, ensuring they complete initial ancillary training and have access to both unclassified and classified mission systems  
**Time at Elmendorf:** Seven months  
**Best part of being in Alaska:** It’s like home  
**Supervisor’s comments:** “Airman Contreras is a motivated, outstanding troop. She has made the newcomer’s orientation process incredibly efficient. She shows great initiative while performing her daily tasks and is a vital part of our operations training team.” Senior Airman Brianne George



Tech. Sgt. Lori Hayworth

**Duty title:** 12th Fighter Squadron noncommissioned officer in charge of aviation resource management  
**Hometown:** Belfield, N.D.  
**Hobbies:** Photography, hockey and mountain biking  
**How she contributes to the mission:** Manages the 12th FS Operational Duty desk which includes detailed tracking of both flying and ground training for 38 pilots  
**Time at Elmendorf:** Seven years  
**Best part of being in Alaska:** Everything about the summer  
**Supervisor’s comments:** “Sergeant Hayworth’s leadership, dress and appearance and attitude are always top-notch. Her office tracked 297 sorties over a two and a half week period at Holloman AFB, N.M. She was a Top Performer at Holloman setting up seamless operations for go, no-go procedures and currency tracking at a TDY location. She seeks out any challenge and is a true force-multiplier for the 12th FS.” Lt. Col. Roger Witek



AWARE briefing

The 3rd Wing will have mandatory Arctic Warrior Alcohol Responsibility Education briefings at the Base Theater for all military personnel 27 years old and younger. All other military personnel are highly encouraged to attend. The briefings are Wednesday at 9:30 a.m., 11 a.m. and 4:30 p.m. as well as May 6 at 8:30 a.m., 3 p.m. and 5 p.m.

Library book sale

The Library’s book sale is today from 10 a.m. to 2:30 p.m., Saturday from noon to 4:30 p.m. and Sunday from noon to 4:30 p.m. Funds from the sale are used to support the Summer Reading Program for children.

For more information, call 552-3787.

Kick-off banquet

In observance of May being Asian-Pacific-American Heritage Month, a Kick-Off Banquet will be Tuesday at 11 a.m. in the Susitna Club.

The guest speaker will be Brig. Gen. James Hirai, U.S. Army Alaska Commanding General. Cost is \$10.60 for club members and \$12.60 for non-members. For more information, call 552-2839/3932.

Free shuttle service

The Armed Services YMCA offers a free van shuttle service for all military members and their families every Monday to Friday from 7:30 a.m. to 8 p.m. Those under age 18 must be accompanied by an adult.

The shuttle covers most locations on Fort Richardson and Elmendorf.

For guaranteed pick up, make appointments 24 hours in advance. Same day service is also available.

Call 384-FREE (3733) from 8 a.m. to 4:30 p.m. to sign up.

Disposition of personal effects

1st Lt. Graham Davey, 3rd Equipment Maintenance Squadron, is authorized to make disposition of the personal effects of Senior Airman Billy Wheeler, 3rd EMS, as stated in AFI 34-244.

Any person or persons having claims for or against the estate of the deceased should contact Lieutenant Davey at 552-2267.

Suicide prevention

All military and civilian members are required to attend one of the following briefings at the Base Theater to satisfy their annual training requirement: Monday at 3 p.m., Wednesday at 7:30 a.m., May 18 at 3 p.m., June 6 at 3 p.m., June 8 at 7:30 a.m. and June 14 at 3 p.m. Call 580-1399 for more information.

Weapons registration

All military members residing in base housing, temporary lodging, and dormitories must register their privately owned weapons. Housing residents may store their weapons in quarters but must ensure the use of gun cabinets, mechanical locks or other safety devices to render it inoperable.

Weapons are not authorized in the dormitories, temporary lodging units. These weapons must be stored in the 3rd Security Forces armory upon ar-

rival.

For more information, call the 3rd SFS at 552-6576.

Loaner furniture

The Furnishing Management Section located in the Housing Office at 6346 Arctic Warrior Drive has 90-day furniture loaner kits and long-term loaner appliances.

Those interested can stop by the Housing Flight Office Monday-Friday, from 9 a.m. to 4:30 p.m., with their address and a copy of their orders. The Furnishing Management Office will set up a delivery to the home. When people are finished with the furniture, they can stop by again to set up a pick-up date.

For more information on the available items in the 90-day loaner kits, call Mr. Jim Thatch at 552-2599/552-4439 or stop by housing for a complete listing.

Studded tires

Studded tires must be removed from all vehicles by Sunday.

Local law enforcement, to include those on Elmendorf and Fort Richardson, will issue citations to those in violation.

Vacation Bible School

This year’s Vacation Bible School is June 13-17 from 9 a.m. to noon at Chapel 1.

The school is for those ages 6 to 6th grade. Registration begins Sunday at Chapels 1 and 2 and the Chapel Center. Volunteers are needed.

For more information, call Mrs. Peggy Brown at 646-4279.



Chapel Schedule

- Catholic Parish**
- **Monday through Wednesday and Friday Mass:** 11:30 a.m. at the Chapel Center
  - **Thursday Mass:** 11:30 a.m. at the Hospital Chapel
  - **Sunday Mass:** 10:30 a.m. at Chapel 1
  - **Sunday Evening Mass:** 5 p.m. at Chapel 2
  - **Confession:** 6 p.m. Sundays at Chapel 2
- Protestant Sunday**
- **Liturgical Service:** 9 a.m. at Chapel 2
  - **Celebration Service:** 9 a.m. at Chapel 1
  - **Gospel Service:** noon at Chapel 1
  - **Fellowship Praise:** 6 p.m. at Chapel 1
- Religious Education**
- **Catholic Religious Education:** Sunday at 9 a.m. at the Chapel Center.
  - **Protestant Sunday School:** 10:30 a.m. at the Chapel Center.
- For more information, call the Chapel at 552-4422.

# Let buyer be aware when it comes to car purchase

## *Learning how to protect yourself from unscrupulous practices proves essential*

**By Capt. Matt Hill**

3rd Wing assistant staff judge advocate

April is Auto Fraud Prevention month. Please keep in mind some simple rules of thumb and not rush into a poor decision.

■ The salesperson makes money on each sale, so you are paying his salary. Since you become the “employer,” you should be entitled to review all contracts and seek another opinion. Also, demand product knowledge, honesty and respect from the salesperson.

■ Shop around! With Internet access, you can research the type of vehicle you want and determine what is the best deal for that particular make, model, and color. Kelly Blue Book is a trusted guide for auto dealers. When you shop around and find that dealer X lists the vehicle for \$15,000.00, see if dealers Y or Z can beat the price. Then see if they can beat the financing. After finding “the one” take it for a test drive and see if you can have it checked by an auto mechanic.

■ Some dealerships will indicate on the Buyer’s Order that you made a down payment of \$500.00 or \$1000.00 just to get you approved for a loan. Unless you actually paid that amount or they gave you a written rebate, this practice is

*fraud.* This is done to make the lending institution think you have some equity in the vehicle so that your loan appears to be less risky. Some dealerships add this amount into the cost of the vehicle and you end up paying sales tax on that increased amount. Some will even demand payment of that fictitious amount.

■ Know your credit before you shop for a vehicle so that you know what size loan you can obtain. Check with your bank for financing terms and use this information to bargain with the dealership. Make them beat it. Often, the dealership’s financing bank will offer a rate of X percent and the dealership will tack on another 1 percent. This is not illegal, but it is also not the “best rate.” The dealership wants to make money. Financing is also a perfect time for the dealership to add on extra costs for added insurance, maintenance plans, etc. Ensure you want these extras before you agree to them. Have everything explained to you and get it in writing before you sign.

■ Be careful when you trade in your vehicle. Under some Buyer’s Orders, if you later back out of the purchase, the dealership can keep your trade-in. When you go back, they may have already sold it, leaving you without a vehicle. They know

you no longer have a vehicle, and odds are you will buy a vehicle from them because you must have transportation.

■ A good salesperson will attempt to bring you to a “close.” Listen while he talks about a down payment, or calls it “your new car.” The more you say yes, the closer he has you to purchasing the vehicle. Also, you must understand the negotiation process. The salesperson will have a piece of paper with the price of their vehicle, their offer for your vehicle and the difference. These numbers can be juggled around so as to confuse you. Do not be offended if the numbers appear outrageous. The salesperson is doing his job to earn money. Be polite and wait for him to come down on the numbers. At this time, tell him Kelly Blue Book or some other website appraises your car for more.

Once he offers more for your car, then and only then, tell him you need a little more off the price of his. He may come down a small amount. Politely shake your head and don’t say anything. Once he goes as low as he can, thank him, write the numbers down, and say you need more time to think about it and run the numbers by your bank. Then the sales-

man will introduce you to his sales manager. Do not sit back down. Keep the ball in your court and allow them to make a final offer, but do not sign.

Take the final numbers and go to your bank to get their rate. Once back at the dealership, see if the finance manager can beat that rate. Do not be confused by monthly payments, since these numbers depend on financing rates.

Salespeople will fall over each other to get a well-dressed, polite individual. No one wants to deal with a hostile person. Remember, not all dealerships are unscrupulous. Find the honest, respectable dealerships by asking around. Take the necessary time and effort to get the vehicle you want at the price you deserve!





AADD STATISTICS

AIRMEN AGAINST DRUNK DRIVING  
PICK-UPS  
YEAR TO DATE

0626

DUI'S FROM  
ELMENDORF AS OF LAST WEEK

17

EXCUSES  
TO DRINK AND DRIVE

0

POTENTIAL LIVES SAVED BY AIRMEN  
AGAINST DRUNK DRIVING

COUNTLESS

WHO TO CALL WHEN YOU NEED A SAFE  
RIDE HOME

552-HOME (4663)



STAFF SGT. RHIANNON WILLARD

**New light**  
New traffic lights have been installed on Arctic Warrior Blvd., near the south end of the alternate runway. These new lights will be used to prevent possible damage to vehicles and pedestrians caused by the jet blast of departing aircraft.



# Arctic Life

Great living in the great land

## 611th ASG wins Intramural Skeet Championship

By Senior Master Sgt. Henry Martin  
611th Air Support Squadron

The 16-week intramural skeet league ended and the 611th Air Support Group walked away victorious over the 13 other teams.

The 33 bird lead they established by week eight steadily increased to more than 100 by season's end. The team averaged 183 of 200 birds throughout the year, and 187 of 200 the last six weeks. That's almost 46 of 50 birds per shooter, and good shooting for a team made of beginners, part-time hunter/target shooters, and a few regular skeet shooters."

The champs did have a few "A" shooters (in skeet class terms) as well as regulars like Steve Kosterman, Richard Long, and Dan Belic who posted numerous 45 rounds or better (out of 50) throughout the season.

In week five, the second place team, 3rd Component Maintenance Squadron, got some shooters back from temporary duty, and whittled the 611th ASG lead down to 26 birds. Both teams' weekly scores were fairly even for several weeks.

Then, the 611th ASG got Mike Williams back from deployment and he busted 50 of 50 in his first shoot of the year. Afterward, the 611th ASG posted 190 or better three times, solidifying their hold on 1st place.

Another key to the team's success was the support provided by new and part-time shooters. Trevis Bergert, a brand new skeet shooter, hit 40 plus birds on several occasions. Tim Bogowith and Thomas Martin used pump shotguns to hit their personal bests, 47 and 46 of 50, respectively.

"That's noteworthy because it's more work to use a pump shotgun for skeet, and in some cases the guns had modified chokes. But, every week, either one of these guys or a new shooter came through and posted a high score. That kind of support kept us above 180 most weeks and prevented the 3rd CMS team from catching us. It was a team effort all the way," Paul Taitt, co-captain said.

The 611th ASG team plans to practice through the summer and a few will even compete in local registered skeet tournaments as well a few events around the state.



PHOTOS BY STAFF SGT. SUELLYN NUCKOLLS

Above: Senior Master Sgt. Paul Taitt, 611th Air Support Squadron, reloads his weapon after firing downrange at some clay pigeons during practice.



Left: Sergeant Taitt fires at clay pigeons during a practice. Sergeant Taitt is one of the team captains.



Lt. Col. Victor Rosenbaum, commander

### Unit Spotlight

#### 3rd Medical Support Squadron

##### MISSION:

The 3rd Medical Support Squadron maintains a constant expeditionary posture while providing administrative, logistical, and ancillary support to the 3rd Wing and Team Elmendorf. They serve 106,000 beneficiaries as the referral hospital for all Alaska forces and Veterans Affairs beneficiaries within PACAF's largest medical facility. They support contingencies worldwide through deployment of Expeditionary Medical Support Elements and expansion of in-place medical assets.







Airman Kristel Weires and Technical Sgt. Anita Springs, 3rd Operations Support Squadron, dispose of some wood they found in the area they were cleaning up Apr. 13 as part of Elmendorf's ongoing efforts to keep the base safe and clean.



Senior Airman Karl Werner, 12th Aircraft Maintenance Unit, picks up pieces of FOD on the flightline near an F-15C during the FOD walk.



Elmendorf members look for debris as they walk past an F-15C during Monday morning's FOD walk in an effort to improve safety for both Elmendorf's people and equipment.

PHOTOS BY STAFF SGT. SUE NUCKOLLS



Technical Sgt. Matt Harlow, 3rd Maintenance Squadron, finds a piece of trash stuck in the grass near the flightline during Monday's FOD walk.

# Arctic Warriors clean up

By Staff Sgt. Mike Edwards  
3rd Wing Public Affairs

Elmendorf members gathered together Monday to continue with ongoing base clean up efforts with the 3rd Wing's annual foreign object debris walk. More than 400 people from units throughout the base gathered together to search for bits of debris, also known as FOD, on and around the flightline. "The FOD walk was a real success," said Master Sgt. Kenneth Klippenstein 3rd Wing FOD monitor. "Everyone who participated in this event really pulled together to make this happen. We really appreciate everyone taking the time to help keep the flightline a safer place." Any type of debris can potentially cause severe damage or even death to both people and equipment, according to Sergeant Klippenstein.

This debris could range from anything such as a nut, bolt or screwdriver to a candy wrapper. "Last year we had more than \$295,000 worth of damage attributed to FOD," he said. "In other years or even at other bases, that dollar amount can be much higher." As a result of this year's FOD walk, according to Sergeant Klippenstein, investigations into two dropped object reports and two lost tool reports were able to be closed out satisfactorily because the items were found. "The key thing to remember is that cleaning up FOD is everyone's responsibility," Sergeant Klippenstein said. "It doesn't matter who you are or what your rank is, if you see some type of debris on the flightline; pick it up and dispose of it properly. Every time you do, you could be saving someone's life."



## Wild West Roundup begins tonight

By Mrs. Mary Rall  
3rd Services Squadron

The west is being won all over again and you can be a part of the action at the Wild Wild West Roundup today from 6 p.m. to midnight at the Susitna Club.

There is no entrance fee for this event, and there will be a corral full of free events to participate in to include a Texas Hold 'Em tournament, horse carriage rides, mechanical bull riding, calf roping, corn cob eating, best dressed and watermelon seed spitting contests and Bonanza Bingo.

Additional features of this event will include western shootouts by the Alaska 49ers, a DJ, music by the Long Gone Daddies and booths sponsored by base squadrons.

Participants can fill up prior to or during the roundup by enjoying a down home all-you-can-eat Western Buffet for \$9.95 with the member's first discount and \$12.95 for nonmembers from 5:30-9 p.m.

Patrons who are not club

members may sign up at the roundup and begin saving right away by receiving member's first pricing at this and all future club events and activities.

The buffet menu will include items such as Texas-style barbecued chicken legs, spiced and smoked ribs, Texas-style beef brisket, baked beans, southwestern grilled corn, new potatoes with roasted garlic, mashed potatoes, western coleslaw, corn and black bean salsa, corn crunch muffins and assorted pies and cobbler.

Everyone participating in the roundup will earn tickets for doing everything from simply sauntering through the door, participating in events and activities to purchasing dinner and beverages.

Tickets will be drawn at 10 p.m. for prizes such as Major Marine

Tours cruises, Denali Parks Resorts rafting trips, CW Tack and Western Wear gift certificates and more. Individuals entered in the drawings must be present to win.

The Wild Wild West Roundup is open to participants of all ranks who are 18 and older, club members, nonmembers and their guests. Base guest passes to allow off base friends and family members access to this event are available at the

club as well. Pass information can be

obtained

at the Kashim or Susitna clubs.

For more information on the roundup, club membership and base guest passes, call 753-3131.

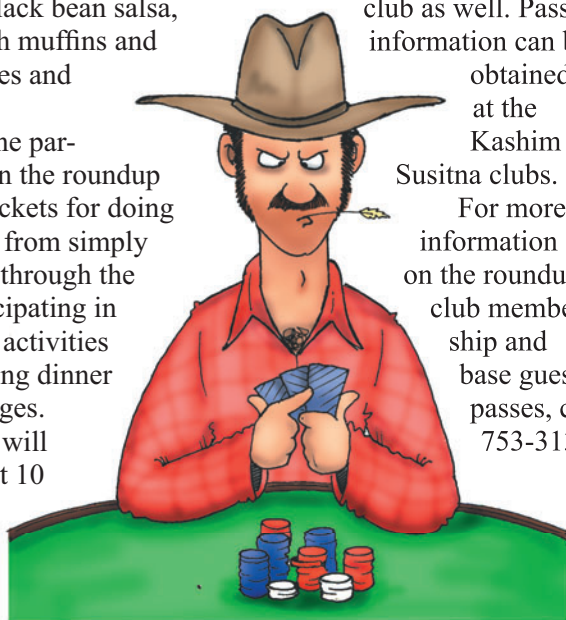


ILLUSTRATION BY SENIOR AIRMAN AUSTIN MAY

## ...:inside the fence

**Membership Mania 2-4-1 Dining**, from 5:30-9 p.m. Saturday at the Susitna Club. 753-3131

**All Night Xtreme**, Saturday from 10 p.m. to 1 a.m. at the Polar Bowl. 552-4108

**Aero Club Open House**, Saturday from 10 a.m. to 3 p.m. at Hangar 7, Building 10286. 753-4167

**Family Xtreme Bowling**, Sunday from 1-8 p.m. at the Polar Bowl. 552-4108

**Beginning Stained Glass Piece and Intermediate Studio Time**, Monday and May 9, 16 and 23 from 6-8 p.m. for \$60 at the Skills Development Center. 552-7012

**Sibling Appreciation Night**, bring your brother or sister bowling Monday and get one free game for each one bowled at the Polar Bowl. 552-4108

**Road Bike Training**, Monday at 5:30 p.m. for \$10 at Outdoor Recreation. 552-2023

**Beginning Embroidery Stitches**, Tuesday and May 10, 17, 24 and 31 from 6:30-8:30 p.m. for \$15 at the Skills Development Center. 552-7012

**Preschool Story Hour**, Tuesday at 10:30 a.m. at the Library. 552-3787

**Bowler Appreciation Night**, Tuesday from 5-9 p.m. at the Polar Bowl. 552-4108

**Children's Story Time**, Wednesday from 10-11 a.m. at the Arctic Oasis Community Center. 552-8529

**Introduction to Picture**

**Framing**, Wednesday from 5:30-9:30 p.m. for \$40 at the Skills Development Center. 552-7012

**Beginning Sewing Shoulder Bag and Pillow**, Wednesday and May 11, 18 and 25 from 6:15-8:45 p.m. for \$60 at the Skills Development Center. 552-7012

**Pottery Hand-building and Slab Work**, Wednesday and May 11, 18 and 25 from 6-8 p.m. for \$75 at the Skills Development Center. 552-7012

**Summer Camp Registration**, Wednesday-May 6 at the School Age Program. 552-5091

**New Parent Orientations**, Wednesday at 10:30 a.m. at the Denali and Sitka CDCs. 552-8304

**Mountain Bike Training**, Thursday at 5:30 p.m. for \$10 at Outdoor Recreation. 552-2023

**Family Night Buffet**, Thursday at the Susitna Club. 753-3131

**Airmen's Special**, Thursday from 5-9 p.m. at the Polar Bowl. 552-4108

**Pottery on the Wheel Glazing and Orientation**, Thursday and May 12 and 19 from 6-8 p.m. for \$60 at the Skills Development Center. 552-7012

**Morning Coffee Conversation**, Thursday from 10:30-11:30 a.m. at the Arctic Oasis Community Center. 552-8529

**Ceramics Certification**, Thursday from 6:30-9 p.m. for

\$25 at the Skills Development Center. 552-7012

**Homeschool Pottery Continued**, Thursday at 2 p.m. for \$15 at the Skills Development Center. 552-7012

**Basic Sign Language I**, Thursday and May 12, 19 and 26 from 3:30-5 p.m. for \$35 at the Skills Development Center. 552-7012

**Beginning Crochet Purse**, Thursday and May 12 from 6-8 p.m. for \$35 at the Skills Development Center. 552-7012

**Cinco de Mayo Cooking Project**, Thursday at the Youth Center. 552-2266

**Super Friday**, May 6 at 5:30 p.m. The Cave and The Kashim Lounge. 753-3131

**Belly Dancing Class**, May 6 at 6:30 p.m. at the Arctic Oasis Community Center. 552-8529

**Cinco de Mayo Preteen Dance**, May 6 from 6-8 p.m. at the Youth Center. 552-2266

**One Stroke Painting Roses**, May 6 from 5:15-6:35 p.m. for \$35 at the Skills Development Center. 552-7012

**Cake Decorating III Continued**, May 6 and 13 from 6-9 p.m. for \$35 at the Skills Development Center. 552-7012

**Give Parents a Break**, May 6 from 7-11 p.m. at the Denali CDC. 552-8304

\* Skills Development Center classes must be signed up for three days in advance.

**TREE PLANTING:** Look toward the future at a National Arbor Day Tree Planting today at 4 p.m. at the Youth Center. 552-2266

**MOVIE:** *Ice Princess* (G) Casey has never quite fit in. Caught between her fantasy of becoming a championship figure skater and her strong-willed mother, who has her on the fast track to Harvard, she can only hope to be like Nikki, Tiffany and Gen - three elite skating prodigies who are ruthlessly competing on the U.S. National circuit. Casey takes on the challenge of her life when she finds herself competing against the best to make it into the championship circuit and become a real "ice princess."

## ...:sat

**BIKE ON:** Get your bike road ready by attending a Basic Bicycle Maintenance class Saturday at 1 p.m. for \$5 per person. 552-2023

**MOVIE:** *The Ring Two* (PG-13) Sequel to the horror flick *The Ring*, Naomi Watts reprises her role as Rachel Keller, who, six months after the events of the first film, moves to Astoria, Ore., with her son, Aidan, to escape their memories of what happened in Seattle. When a few locals start dying, however, and a strange videotape reappears, Rachel becomes aware that the creepy Samara is back and after Aidan.

## ...:sun

**XTREMELY FUN:** Take in the fun on the lanes at Family Xtreme Bowling Sunday from 1-8 p.m. at the Polar Bowl. 552-4108

**MOVIE:** *The Ring Two* (PG-13) See movie description above for details.

## ...:fyi

**BOOK SALE:** The annual Library Book Sale will be held today from 10 a.m. to 2:30 p.m., Saturday from noon to 4:30 p.m. and Sunday from noon to 4:30 p.m. Funds generated from this sale will be used to support the Summer Reading Program for children ages 6-13. 552-3787



Planes of the ‘50s, ‘60s, part 2

By 1st Lt. Tony Wickman  
Alaskan Command Public Affairs

ACROSS

- 1. F-104 \_\_\_ fighter
  - 5. USAF PME for (S)SSgts
  - 8. F-106 Delta \_\_\_\_
  - 12. Former Houston player
  - 14. Internet provider
  - 15. F-5
  - 16. Catty
  - 17. Regret
  - 18. Distress
  - 19. Conjunction
  - 21. And so forth, in brief
  - 23. Trail
  - 26. Actress Tyler
  - 27. F-101s
  - 32. Mil. mailing address
  - 33. USAFA student
  - 34. Sea eagle
  - 35. Second part of \_\_\_\_ 66
- ACROSS
- 38. Golf shoe part
  - 39. Game of strategy
  - 40. Miami sports team

DAD	SIS	ATT	ALP
OLE	MATA	DOR	BOA
DES	AMY	DNA	OIL
TL	C	PAUSE	
SHR	KES	JUP	ITER
COOL	ERS	USED	
ANY	DSN	GAR	VAN
ROE			AGO
ERR	AGE	ASH	LIT
	IBID	TRUCK	LE
RASCALS		MOSEY	ED
ANNUL		TOR	
INA	OCS	SOL	ILL
SIR	NEPTUNE	EAT	
EEK	ELY	BAR	SOS

Last week’s solution

- 41. Hair or nail place
- 44. T-38
- 48. Stomp
- 49. Love
- 52. Oklahoma town
- 53. Ruler
- 55. Army bed
- 57. Espirit
- 58. USAF pioneer Gen. \_\_\_\_ C. Eaker
- 59. Exploit
- 60. F-105 Thunder \_\_\_\_
- 64. Young woman
- 66. F-100
- 71. Mother-of-pearl
- 72. Bullring cheer
- 73. T-37
- 74. Musical composition
- 75. USN AFB equivalent
- 76. California wine valley

DOWN

- 1. ... --- ...
- 2. Sn on the periodic table
- 3. Boxing legend
- 4. Yellow & Orange mixed
- 5. F-111
- 6. Yankee great Gehrig
- 7. Shirt part
- 8. Prod
- 9. Past
- 10. Cartoon \_\_\_ & *Stimpy*
- 11. Attempt
- 13. Authentic
- 15. Tex-Mex dinner item
- 20. Central Amer. country; ISO code
- 22. Small child
- 23. \_\_\_ Vegas; home to Nellis AFB
- 24. Kwik-E-Mart owner on *The Simpsons*
- 25. Political party for 69 DOWN

1	2	3	4			5	6	7			8	9	10	11
12				13		14				15				
16						17				18				
				19	20			21	22					
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35			36	37						38				
			39					40						
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48					49	50			51			52		
53				54				55		56		57		
				58				59						
60	61	62	63			64	65			66	67	68	69	70
71						72				73				
74						75					76			

- 28. F-102 \_\_\_ Dagger
- 29. Mining goal
- 30. Cat \_\_\_ Hot Tin Roof
- 31. Place
- 36. Chafe
- 37. Dog star \_\_\_ Tin Tin
- 38. Feline
- 40. C-130
- 41. Sault \_\_\_ Marie
- 42. Appendage
- 43. Chop off
- 45. Track segment
- 46. Lyrical poem
- 47. Quick rest
- 49. Commander’s region of control,
- in brief
- 50. U-2 \_\_\_\_ Lady
- 51. Greek goddess of the dawn
- 54. Prevalent
- 56. Exam
- 60. CSAF’s USN counterpart
- 61. General of the Air Force Henry “\_\_\_” Arnold
- 62. Specialized hospital section
- 63. Hospitals, in short
- 65. Maxwell AFB state, in short
- 67. Bristlelike appendage
- 68. Golden Girl Arthur
- 69. Dem.’s opponent
- 70. Greek letter



# SPORTS PAGE

## Elmendorf football team soars to new heights

By Staff Sgt. Ryan Mattox  
3rd Wing Public Affairs

The Elmendorf Eagles are flying high in a downtown indoor flag football league with a league-leading 5-1 record.

Sunday's game against the Cowboys was the biggest of the season so far. Prior to the game, there was a four-way tie for first place in the division, but the Eagles prevailed, and secured first place in the division and are the top seed in the playoffs with a 38-33 victory.

"We have been practicing since January...we have gelled together pretty well, and I think we are going to do great," said Coach Hestroverto Martinez, Elmendorf Eagles.

The Cowboys have only lost twice in the past two seasons (indoor and outdoor combined) and those two losses have come at the hands of the Eagles.

It was a back and forth game, the Cowboys scored first, but the Eagles took only three plays to strike back on an out route by Josh Hightower.

Then Eagles quarterback Pete Engebresten connected on a bomb with receiver Jared Johnston to take the lead.

After the Cowboys charged down the field and scored again, making it 20-13, the Eagles almost fell behind for good when the Cowboys intercepted the ball and took it down to the Eagles one-yard line. But they failed to come away with any points. With one minute left before halftime, Eagles linebacker Daryl Harris intercepted a pass and returned it to the Cowboys one-yard line. This set up a touchdown pass from Engebresten to Chris Sage tying the game at 20-20.

In the second half, Hector Cruz came off defense and switched over to offense and grabbed two touchdown catches to put the Eagles ahead.

The game was capped off when rusher Steven Peaper sacked the Cowboys quarterback for a safety, giving the Eagles two points.

"We ran down the clock, enjoying the victory and sealing first place," said Martinez. "We have lot of talent on this team, and everyone played a huge part in this game. We have been together for 18 weeks and the team



AIRMAN 1ST CLASS GARRETT HOTHAN

**Rusher Steven Peaper, Elmendorf Eagles, charges toward the Rebels' quarterback during a game at the Cellular One Sports Complex in Anchorage April 17.**

has come together really well."

The games are played on a 60 by 30 yards field with end zones being 10 yards deep. Teams are allowed a maximum of 15 players and a minimum of 10 on the roster. Six players constitute a team. A team must have five players to play.

Games are played in two 22-minute halves with running time. There is a three minute halftime. If the score is tied at the end of 44 minutes, teams move directly into overtime. The offensive team takes possession of the ball at its 5-yard line. Each team gets one series of downs to score. If neither team scores, the winner will be determined by how much yardage is gained or the amount of plays in the series.

Scoring is as follows: touchdowns are six points; extra points are one point (played from 5-yard line); two point conversions are played from 10-yard line; and safeties are two points.

On the offense's extra point, the defense can intercept and return it across the other goal line for two points. This is regardless of the original line of scrimmage or how many points the offense was trying to score.

The offensive team takes possession of the ball at its 5-yard line and has four plays to cross midfield. Once a team crosses midfield, it has four plays to score a touchdown. If the offense fails to score, the ball changes possession and the new offensive team takes over at the dead ball spot.

An automatic first down by penalty will overrule the other requirements regarding four plays to make either a first down or score. If the offensive team fails to cross midfield, possession of the ball changes and the opposition starts its drive from dead ball spot.

On fourth down, the offensive team has the option to turn the ball over by placing it on the opposition's 5-yard line.

The Eagles only loss this season was to the Wolfpack. The Eagles lost that game by 1-point, 26-27. The Eagles have a chance to avenge their loss when the two teams meet again in the first round of the playoffs Sunday.

In five games, the Eagles have scored a total of 244 points, third in the league and have only allowed a league leading 141 points on defense.

The Eagles play in the Anchorage Indoor Flag Football League. The league consists of seven teams from all over Anchorage.

The playoffs begin Sunday at 7 p.m. at the Cellular One Sports Complex.

The team's progress can be tracked at <http://etamz.active.com/AIFFL>.

### Sport Shorts

The Fitness Center is hosting several activities throughout the month of May as part of its Fitness Activities Month. For more information on any of the following programs, call 552-3504.

**Pet Fun Run** -- May 7 at noon

**Freestyle Mixed Relay Swimming** -- May 13  
at 1 p.m.

**Armed Forces 5K Run** -- May 20 at noon

**Bench Your Own Weight** -- May 20  
at noon

**PT Challenge** -- May 26 at noon

**Tour De Elmendorf Cycling** -- May 27 and 28  
at 9 a.m.